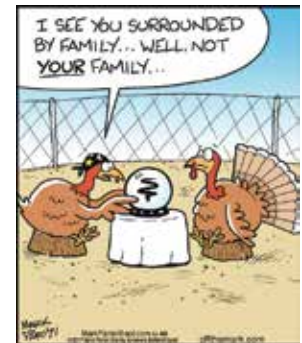


QUOTE OF THE MONTH

"November is the month to remind us to be thankful for the many positive things happening in our life." ~Unknown

HEALTH HUMOR



November is Home Care & Hospice Month

by: Maria Mendoza

During the month of November, the home care and hospice community honor the millions of nurses, home care aides, therapists, and social workers who make a remarkable difference for the patients and families they serve.

These heroic caregivers play a central role in our health care system and in homes across the nation. To recognize their efforts, we call upon all Americans to commemorate the power of caring, both at the home and in their local communities and ask them to join with the National Association for Home Care & Hospice (NAHC) by celebrating November as Home Care and Hospice Month.

In addition, Home Care Aide Week takes place the second full week of November. Join us in honoring these compassionate, tireless workers who play an invaluable role for their clients as caregivers, companions, and friends.

"Home care and hospice nurses, therapists, aides, and other providers who choose to use their lives to serve our country's aged, disabled, and dying. This noble work is deserves our recognition and praise and we celebrate November as home care and hospice month for that very reason." – NAHC President William A. Dombi.

Fast Facts

- Home care providers will travel about 8 billion miles to deliver the best health care in the world;
- Ninety percent of Americans want to age in place, and home care is the preferred method of health care delivery among the disabled, elderly, and chronically ill; and
- Home care provides high-quality, compassionate care to more than 5 million Americans annually.

Advocacy

Home Care & Hospice Month is the perfect time to connect with your elected officials; visit the NAHC Advocacy Center to learn more

Celebrate All Month Long

- Week 1: Home Care and Hospice Month Begins!
- Week 2: Home Health and Hospice Facts & Figures
- Week 3: Veteran's Day/Home Care Aide Week
- Week 4: Giving Thanks
- Week 5: Hospice & End-of-Life Care/Advocacy

Source: cnaahc.org

ON THIS DAY IN HISTORY

- Nov. 6** 1861, Inventor of the game of basketball, James Naismith was born in Almonte, Ontario, Canada.
- Nov. 11** 1973, Egypt and Israel signed a cease-fire agreement sponsored by the U.S.
- Nov. 17** 1993, NAFTA, the North American Free Trade Agreement was approved by the U.S. House of Representatives by a vote of 234 to 200.
- Nov. 30** 1995, Bill Clinton became the first American president to visit Northern Ireland.

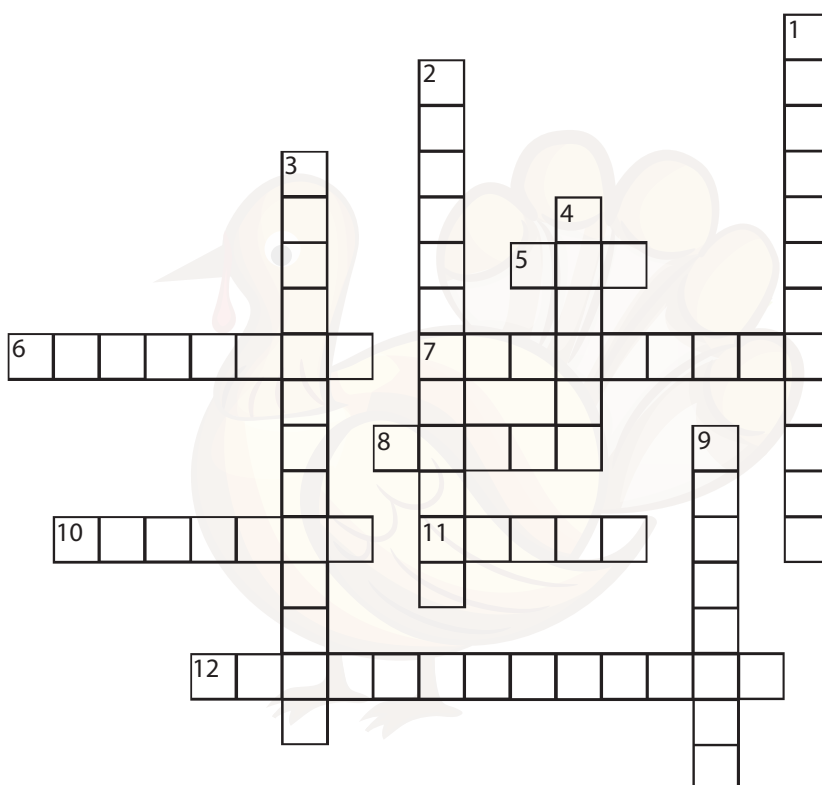
CROSSWORD

ACROSS

5. Type of potato rhymes with ham
6. A person spends 1/3 of their life doing this
7. In 1953, Swanson had too much extra turkey left after Thanksgiving. What new product did that lead to?
8. Comes in a boat
10. Vegetable that can be used for two holidays
11. Served hot or cold
12. The turkey of the west coast

DOWN

1. Popular fall beverage flavor
2. Where the Pilgrims landed
3. Thanksgiving with friends
4. Relatives
9. What many people watch on Thanksgiving



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OCTOBER CROSSWORD ANSWERS:

Across: 3. Raking Leaves 6. Halloween 7. Clamour 8. Costume 9. Tempest 11. Candy Corn 12. Pumpkin **Down:** 1. Breast Cancer 2. Swallow 4. Exhume 5. Hallowed 10. Turnip

Stuck?
Check next month's issue
for the answers!